## Mia Henry



Mia Henry is the founder and CEO of Freedom Lifted, which supports justice-centered leadership development through online learning, training and coaching. Through her unique approach, Mia has created educational spaces and practical tools to foster just, ethical leadership for hundreds of private, public, and non-profit organizations and over 9000 individuals. In addition to pioneering innovative work through Freedom Lifted, Mia has deep experience in organizations committed to promoting justice and equity, previously serving as Executive Director of the Arcus Center for Social Justice Leadership at Kalamazoo College and founding director of the Chicago Freedom School.

## **AS FEATURED ON**









## **GENERAL TOPICS**

- The relationship between power and diversity
- How equity and justice impacts organizations' bottom line
- Demystifying myths around power (no, it's not all bad and greedy!)
- The difference between privilege and power
- Power and equity: why they must go together

## **SAMPLE QUESTIONS**

- How does the relationship between diversity and power function within organizations (and how we can define "power")?
- Why does improving diversity not necessarily mean you're improving power dynamics?
- What kind of myths and misconceptions currently exist around power?
- Which are the four layers needed to enact change within an organization's power structure?
- Why are justice and equity an important part of employee retention?
- How does improving the power structure in your organization foster a sense of trust between colleagues?







